

"De-Accumulate Your Life"

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Kristina Alley

Have a time and place for everything.

Ecclesiastes 3:1 *"To every thing there is a season, and a time to every purpose under the heaven."*

Hebrews 12:1 *"Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us."*

Simplify + Organize + Schedule = Stress-free, joyful, and productive life

Simplify (De-accumulate)

1. Learn to give things away.
2. Get rid of unnecessary items.
 - a. Sell them at a yard sale.
 - b. Give them away to other people.
 - c. Donate them to a thrift store.
 - d. Take them to a consignment shop.
 - e. Stop bringing them home.
3. Get rid of clothes you have not worn for a year.
4. Get rid of clothes that do not fit you.
5. Get rid of clothes that are not comfortable or do not make you feel like you look good in it.
6. Get rid of unfinished projects if you have not worked on it for over a year.
7. Learn to throw away trash immediately (junk mail, wrappers, containers, etc.).
8. Keep only one small basket of reading material you plan to read. You will not read everything that you want to. Rotate the old out and put in the new. Give the old reading material to others to learn from them (*Revival Fires, Christian Womanhood, Sword of the Lord, The Baptist Magazine, No Greater Joy, Israel My Glory*, etc.).
9. Do not collect any craft items that you are not currently working on.
10. Get rid of novelty things that you will never use (s'mores maker, tortilla maker, food chopper, etc.).
11. Simplify your collections. Collect only one thing (stuffed animals, stamps, bottles, cat things, horse things, teddy bear things, postcards, penny banks, books, trains, eagles, golf things, spoons, thimbles, etc.).
12. Get rid of things you do not need.

Organize

1. Organize God back into your life first of all. Put Him first in all that you do.
2. Organize everything (activities, errands, projects, personal time, household duties).
3. You must organize to stay in control; so develop organizational skills.
4. Use your time wisely.
5. Clean out all the junk areas (closets, drawers, etc.)
6. Have a time and place for everything.
7. Put things away immediately.
8. Don't procrastinate.
9. Get rid of all the clutter. Clutter creates a mess which creates more work.
10. Practice the principle of the night-before.

Schedule

1. Get up 30 minutes earlier every day, and you will add 7 ½ days to your year. If you live to be 60 years old, that is 450 days added to your life.
2. Time is a piece of your life. If you waste your time, you waste your life.
3. You can only spend a piece of time once; so, you must discipline yourself to spend it correctly.
4. You should have a written plan on every area of your life.
5. The way in which you plan something will determine how you finish it.
6. Ninety-five percent of what we do is habit, good or bad.
7. Whatever you do over and over again often enough becomes a new habit. A new habit takes approximately twenty-one days to develop.
8. You feel good about yourself to the degree to which you feel disciplined in your own life.
9. Planning is the key to disciplining your actions.
10. Planning is developing the mind set for discipline, identifying your priorities, and prioritizing your daily actions.
11. By failing to plan, you plan to fail. For every minute of planning, you save forty minutes in execution.
12. Effective people do first things first and second things not at all. Invest your time where it will be the most profitable.
13. Recognize and eliminate time wasters.
14. There is no more of a miserable human being than one in whom nothing is habitual but indecision.
15. Whatever you put on paper is what you are planning to give your time and your life to.
16. Prioritize every area of your life.

"I resolve to live with all my might while I do live. I resolve never to lose one moment of time and to improve the use of my time in the most profitable way I possibly can. I resolve never to do anything I wouldn't do if it were the last hour of my life."

-Jonathan Edwards